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## Year 4 Swimming Lessons

19<sup>th</sup> December 2022

Dear Parent/Carers,

I am writing to inform you that next term Year Four will be going swimming on Monday afternoons. The first session being on Monday 9<sup>h</sup> January 2023 and the last session being on Monday 17<sup>th</sup> July 2023. The class will travel by coach (fitted with seat belts) to Grand Central swimming pool, leaving at 1.30pm and returning to school at approximately 3.15pm. Qualified swimming instructors will teach the children a 30 minute lesson and members of school staff will accompany the children at all times.

Swimming forms part of the National Curriculum for primary aged children and all children will be expected to attend. See the following links for further information [National curriculum swimming and watersafety](#) & [Swim England information](#). If for any reason your child cannot go swimming any week we will need a note from a parent/carer informing us of the reason for this.

**Please ensure your child brings their swimming kit each Monday morning.**

The requirements for swimming kit for school swimming lessons are;

- Pupils' swimwear should be close fitting in order not to hinder movement or produce resistance. Bikinis and long baggy shorts are not appropriate for swimming lessons.
- Where loose hair is long enough to impair vision, a swim cap is recommended or, as a minimum, long hair should be tied back.
- Goggles are not advisable for school swimming lessons.
- Towel

If you have any questions or wish to discuss anything about the school swimming lessons please come to see our office staff or myself.

Yours faithfully,

Miss Catherine Whitehead  
Headteacher

